## **CLAIMS**

That which is claimed is:

- 1. A culinary implement comprising:
  - a handle having an elongate configuration that defines a pair of ends and a longitudinal axis extending through the ends;
  - a single attachment arm secured to the handle and extending beyond one of the ends of the handle, the attachment arm having a non-linear configuration that defines an end area of the attachment arm, the end area incorporating a first part of an attachment mechanism, at least one of the end area and the first part defining a rotation axis that is substantially perpendicular to the longitudinal axis; and
  - a head portion rotatable about the rotation axis, the head portion incorporating a second part of the attachment mechanism, the second part being joinable with the first part to secure the head portion to the attachment arm, and the second part being separable from the first part to detach the head portion from the attachment arm.
- 2. The culinary implement recited in claim 1, wherein the culinary implement further includes a release mechanism for separating the first part and the second part.
- 3. The culinary implement recited in claim 2, wherein the release mechanism includes an actuator and a connector, the actuator being incorporated into the handle and accessible from an exterior of the handle, and the connector extending through the attachment arm to join with both the actuator and the first part.
- 4. The culinary implement recited in claim 1, wherein the head portion is interchangeable with an alternate head portion, the alternate head portion being joinable with the first part and rotatable about the rotation axis.
- 5. The culinary implement recited in claim 4, wherein the head portion has a first width and the alternate head portion has a second width, the first width being greater than the second width.

- 6. The culinary implement recited in claim 5, wherein the longitudinal axis extends through a center of the first width when the head portion is secured to the attachment arm, and the longitudinal axis extends through a center of the second width when the alternate head portion is secured to the attachment arm.
- 7. The culinary implement recited in claim 5, wherein a side of the head portion defines a depression, and the end area of the attachment arm extends into the depression when the head portion is secured to the attachment arm.
- 8. The culinary implement recited in claim 1, wherein a plurality of projections extend outward from the head portion, the projections having a twisted configuration.
- 9. The culinary implement recited in claim 1, wherein a plurality of projections extend outward from the head portion, the projections having a pyramidal shape that defines a point and a height axis extending inward from the point, the projections being deformed in a direction that extends around the height axis.
- 10. The culinary implement recited in claim 1, wherein the head portion is configured to perform a first function, and the handle includes a device for performing a second function that is different from the first function, the device being positioned at the end located opposite the attachment arm.
- 11. The culinary implement recited in claim 1, wherein a plurality of projections extend from the end of the handle located opposite the attachment arm.
- 12. A culinary implement comprising:
  - a handle with an elongate configuration;
  - a single attachment arm extending beyond an end of the handle, the attachment arm incorporating a first part of an attachment mechanism that is located proximal an end of the attachment arm; and

- a rotatable head portion incorporating a second part of the attachment mechanism, the second part being joinable with the first part to secure the head portion to the attachment arm, and the second part being separable from the first part to detach the head portion from the attachment arm.
- 13. The culinary implement recited in claim 12, wherein the end of the attachment arm is formed by a curved portion of the attachment arm.
- 14. The culinary implement recited in claim 12, wherein the handle is contoured to conform with a shape of a hand.
- 15. The culinary implement recited in claim 12, wherein the culinary implement further includes a release mechanism for separating the first part and the second part, the release mechanism including an actuator and a connector, the actuator being incorporated into the handle and accessible from an exterior of the handle, and the connector extending through the attachment arm to join with both the actuator and the first part.
- 16. The culinary implement recited in claim 12, wherein the head portion is interchangeable with an alternate head portion, the alternate head portion being joinable with the first part and rotatable.
- 17. The culinary implement recited in claim 16, wherein the head portion has a first width and the alternate head portion has a second width, the first width being greater than the second width, and a side of the head portion defines a depression, the side of the attachment arm extending into the depression when the head portion is secured to the attachment arm.
- 18. The culinary implement recited in claim 17, wherein a longitudinal axis of the handle extends through a centerline of the head portion when the head portion is secured to the attachment arm, and the longitudinal axis extends through a centerline of the alternate head portion the alternate head portion is secured to the attachment arm.

- 19. The culinary implement recited in claim 12, wherein a plurality of projections extend outward from the head portion, the projections having a pyramidal shape that defines a point and a height axis extending inward from the point, the projections being twisted in a direction that extends around the height axis.
- 20. The culinary implement recited in claim 12, wherein a plurality of projections extend from an end of the handle located opposite the attachment arm.
- 21. A culinary implement comprising:
  - a handle with an elongate configuration;
  - a single attachment arm extending beyond an end of the handle; and
  - a plurality of generally cylindrical head portions that are interchangably-securable to the attachment arm and rotatable with respect to the handle and the attachment arm, at least two of the head portions having different width dimensions.
- 22. The culinary implement recited in claim 21, wherein a longitudinal axis of the handle extends through a centerline of the width dimension of each head portion.
- 23. The culinary implement recited in claim 21, wherein a side of at least one of the head portions defines a depression, the attachment arm extending into the depression when the at least one of the head portions is secured to the attachment arm.
- 24. A culinary implement comprising:
  - a handle having an elongate configuration that defines a pair of ends and a longitudinal axis extending through the ends;
  - a single attachment arm secured to the handle and extending beyond one of the ends of the handle; and
  - a first head portion having a generally cylindrical configuration that includes a pair of first side surfaces and a first width dimension extending between the first side surfaces, the first head portion being rotatably-securable to the attachment arm such that the longitudinal axis extends through a center point of the first width

dimension, and the first head portion being detachable from the attachment arm; and

- a second head portion that is interchangeable with the first head portion, the second head portion having a generally cylindrical configuration that includes a pair of second side surfaces and a second width dimension extending between the second side surfaces, the second width dimension being greater than the first width dimension, and the second head portion being rotatably-securable to the attachment arm such that the longitudinal axis extends through a center point of the second width dimension, and the second head portion being detachable from the attachment arm.
- 25. The culinary implement recited in claim 24, wherein at least one of the second side surfaces defines a depression, the attachment arm extending into the depression when the second head portion is secured to the attachment arm.
- 26. The culinary implement recited in claim 24, wherein the attachment arm has a curved configuration, and an end area of the attachment arm includes a part of an attachment mechanism for joining the first head portion and the second head portion to the attachment arm.
- 27. The culinary implement recited in claim 24, wherein the culinary implement further includes a release mechanism for separating the first part and the second part, the release mechanism including an actuator and a connector, the actuator being incorporated into the handle and accessible from an exterior of the handle, and the connector extending through the attachment arm to join with both the actuator and the first part.
- 28. The culinary implement recited in claim 24, wherein a plurality of projections extend outward from the head portion, the projections having a twisted configuration.
- 29. The culinary implement recited in claim 24, wherein a plurality of projections extend outward from the head portion, the projections having a pyramidal shape that defines a point and

a height axis extending inward from the point, the projections being deformed in a direction that extends around the height axis.

- 30. A culinary implement comprising:
  - a handle having an elongate configuration;
  - a head portion secured beyond an end of the handle, the head portion being rotatable with respect to the handle, and the head portion including a plurality of outwardly-extending projections, at least a portion of the projections having a twisted configuration.
- 31. The culinary implement recited in claim 30, wherein an attachment arm extends between the handle and the head portion, the attachment arm having a curved configuration that defines an end area of the attachment arm, the head portion being secured to the end area.
- 32. The culinary implement recited in claim 31, wherein the head portion is detachable from the end area and interchangeable with an alternate head portion.
- 33. A culinary implement comprising:
  - a handle having an elongate configuration;
  - a head portion secured beyond an end of the handle, the head portion being rotatable with respect to the handle, and the head portion including a plurality of projections extending outward from the head portion, the projections having a pyramidal shape that defines a point and a height axis extending inward from the point, the projections being deformed in a direction that extends around the height axis.
- 34. The culinary implement recited in claim 33, wherein an attachment arm extends between the handle and the head portion, the attachment arm having a curved configuration that defines an end area of the attachment arm, the head portion being secured to the end area.
- 35. The culinary implement recited in claim 34, wherein the head portion is detachable from the end area and interchangeable with an alternate head portion.